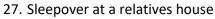
50 things to do before you are 5

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- 1. Take a trip to a zoo or farm
- 2. Go berry picking
- 3. Visit your local play park
- 4. Go for a walk across your local fields in all seasons
- 5. Watch a tree change across the seasons
- 6. Go for a woodland walk
- 7. Climb a tree
- 8. Feed some ducks
- 9. Visit a splash park
- 10. Go for a swim
- 11. Visit a beach
- 12. Go for a paddle at the seaside
- 13. Make a sandcastle
- 14. Find a rockpool and investigate the life in it
- 15. Join your local library and borrow some books
- 16. Visit a library for Storytime
- 17. Make a den (inside and/or outside!)
- 18. Visit an elderly person
- 19. Paint a picture
- 20. Cut out a picture using some scissors
- 21. Learn how to write your name
- 22. Help to bake a cake at home
- 23. Help to make your own dinner
- 24. Visit a pet shop
- 25. Splash in some puddles
- 26. Go on a walk in the dark with some torches



- 28. Finger painting
- 29. Have your face painted
- 30. Learn how to ride a bike without stabilizers
- 31. Make a paper aeroplane
- 32. Go for a picnic
- 33. Make a daisy chain
- 34. Learn how to dress yourself
- 35. Learn how to use the toilet
- 36. Practice road safety with a grown up
- 37. Run through some long grass
- 38. Go on a treasure hunt
- 39. Go on an Easter egg hunt
- 40. Play 'pooh sticks'
- 41. Play hide and seek
- 42. Go on a bug hunt
- 43. Make a 'bug hotel'
- 44. Fly a kite
- 45. Play in some autumn leaves throw them up in the air and
 - crunch them under foot.
- 46. Lie down and watch the clouds
- 47. Blow a dandelion clock
- 48. Balance on a log
- 49. Chase your shadow on a sunny day
- 50. Play make-believe who will you be?



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